

# Shopping List

#### **Fruits**

- 2 mangos
- 2 avocados
- 1 fresh lime

## Vegetables

- 1 c red pepper
- 1 T jalapeno
- ½ c cilantro
- 4 c baby arugula

#### Cheese

4 T grated parmesan cheese

#### Meat/Fish

4 thin chicken breasts

## **Bread/Cereal**

## Condiments/Dressings

- 3/4 c bread crumbs
- 2 T lemon juice

#### **Baking**

- 1 (15.25 oz) chocolate fudge cake mix
- 1 (3.90z) box instant chocolate fudge pudding
- 3/4 c vegetable oil
- 2 ½ t vanilla
- 1(7oz)marshmallow crème
- 2 c powdered sugar
- ½ c chocolate chips
- 3/4 c flour
- 2 t salt
- 1/4 c olive oil

#### Spices

- 1 t garlic powder
- 1 t pepper

# Pasta/Rice

- **Canned Foods**
- Frozen
- Beverages

# Dairy

- 6 large eggs
- 1 c sour cream/greek yogurt
- 12 T butter
- 3 T whipping cream
- 1 pint butter milk
- Household

# Paper/Wraps

Other

