



Shopping List

Fruits

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Vegetables

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Cheese

1/2 lb grated mozzarella
1/2 lb parmesan cheese

Meat/Fish

1 lb hamburger
1 lb sausage

Bread/Cereal

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Condiments/Dressings

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Baking

8 c flour
2 t vanilla
1 t baking soda
8 T cocoa
2 c sugar
1/2 c buttermilk
4 c powdered sugar
2 T cooking oil
2 pkg yeast (4 1/2 t)

Spices

1 t salt
1 t garlic powder
1 t onion salt
1 t oregano
1/4 t pepper
1 t cinnamon

Pasta/Rice

12 oz lasagna noodles

Canned Foods

5 (8oz) cans Tomato sauce

Frozen

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Beverages

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Dairy

1 lb cottage cheese
2 cubes of butter
2 eggs
6 T milk

Household

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Paper/Wraps

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Other

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