



Shopping List

Fruits

Vegetables

2 t fresh chopped parsley
4 cloves garlic, minced
2 sweet potatoes

Cheese

4 T grated parmesan cheese

Meat/Fish

4 chicken breasts

Bread/Cereal

Condiments/Dressings

Baking

1 T oil
1 t cornstarch
1 T olive oil
1/3 c brown sugar
1 c flour
3/4 c sugar
1/2 t baking powder
1/4 t salt
1/2 t vanilla

Spices

2 t onion powder
2 t garlic powder
1 t dried thyme
1 t dried rosemary
salt and pepper to taste
2 t minced garlic
1/2 t garlic salt
1/2 t Italian seasoning

Pasta/Rice

Canned Foods

1 (20 oz) can pineapple chunks

Frozen

Beverages

Dairy

1 c milk
1 c butter
1 egg
3/4 c heavy cream

Household

Paper/Wraps

Other

12 maraschino cherries

