



Shopping List

Fruits

2 avocados

Vegetables

2 heads of Romaine lettuce

1 cucumber

3 green onions

Cheese

Sliced Swiss cheese

$\frac{3}{4}$ c parmesan cheese

Meat/Fish

1 (3lb) cross rib, rump or eye of round beef roast

Bread/Cereal

Hoagie buns

Condiments/Dressings

2 packets of Good Seasons Italian Dressing

Croutons

$\frac{1}{4}$ c balsamic vinegar

$\frac{1}{3}$ c Italian dressing

Baking

$\frac{1}{2}$ c oil

2 $\frac{1}{2}$ c flour

$\frac{1}{3}$ c cocoa

1 t baking soda

$\frac{1}{2}$ t salt

$\frac{3}{4}$ c sugar

$\frac{3}{4}$ c brown sugar

1 t vanilla

1 (12oz) package of green mint chocolate chips

Spices

Pasta/Rice

Canned Foods

1 (10 oz) beef consommé

1 au jus gravy packet

Frozen

Beverages

Dairy

1 c butter

2 large eggs

Household

Paper/Wraps

Other

