



# Shopping List

## Fruits

1 diced tomato  
3 avocados

## Vegetables

Cilantro

## Cheese

1 c shredded/cheddar cheese  
1 c Mexican cheese blend

## Meat/Fish

2 lbs bonless, skinless  
chicken breasts

## Bread/Cereal

Flour tortillas

## Condiments/Dressings

Tortilla strips

## Baking

1 T oil  
3 c cake flour  
½ t baking soda  
4 c sugar  
3 t vanilla  
2 c chocolate chips

## Spices

1 t ground cumin  
½ t dried cilantro  
4 t cinnamon

## Pasta/Rice

## Canned Foods

2 (10.7 oz) cans of  
Cream of Chicken Soup  
1 c salsa  
1 (15oz) can black beans

## Frozen

2 c frozen corn

## Beverages

## Dairy

2 c sour cream  
1 ¼ c butter  
6 large eggs  
½ c heavy cream

## Household

## Paper/Wraps

## Other

