



Shopping List

Fruits

Watermelon
Cantaloupe
Grapes
Pineapple
Strawberries

Vegetables

1 whole onion
1 clove Garlic
1 red pepper
1 piece fresh ginger (1 in long)
Butter leaf lettuce head

Cheese

16 oz cream cheese

Meat/Fish

1 lb ground turkey

Bread/Cereal

1 pkg Graham crackers

Condiments/Dressings

Baking

1/3 c powdered sugar
1 c sugar
1 can blueberry pie filling

Spices

Asian
1/2 c diced water chestnuts
3 T Chinese cooking wine
4 T soy sauce
1 T oyster sauce
1 T peanut sauce
1 T hoisin sauce
1 t sesame oil

Pasta/Rice

2 c rice

Canned Foods

Frozen

Vanilla ice cream

Beverages

Dairy

4 eggs
1/2 c butter

Household

Paper/Wraps

skewers

Other



