



Shopping List

Fruits

1/2 c sliced strawberries
1/2 c blueberries
1/2 c raspberries

Vegetables

6 cobs of corn
1 onion
1/2 red onion
10 c baby spinach

Cheese

16 oz Cream Cheese
1/3 c feta crumbles

Meat/Fish

3-4 pound pork roast
(We love the pulled pork from Costco- you can microwave it)

Bread/Cereal

1 Angel Food Cake
Buns

Condiments/Dressings

16 oz BBQ sauce
1/3 c honey
1/4 c mayonnaise
1 T apple cider vinegar

Baking

Powdered Sugar
1 c nut to caramelize

Spices

Vanilla
Almond extract
1 T poppy seeds
1/2 t dry onion flakes

Pasta/Rice

Canned Foods

Frozen

3 packages mixed frozen
berries

Beverages

Dairy

1 c heavy whip cream
1 c sour cream
1 cube butter
1 c milk

Household

Paper/Wraps

Other

Potato chips

