



Shopping List

Fruits

1 $\frac{3}{4}$ fresh lemon juice
 $\frac{1}{4}$ c fresh lime juice
4 c watermelon
6 oz blueberries
6 oz raspberries

Vegetables

2 heads of Romaine lettuce
Fresh mint leaves

Cheese

$\frac{1}{2}$ c parmesan cheese

Meat/Fish

2 chicken breasts (shredded)
*We love buying rotisserie chicken at Costco and shredding it while it's still warm.

Bread/Cereal

Condiments/Dressings

Croutons
 $\frac{1}{2}$ c shredded almonds
Caesar dressing

Baking

3 c sugar
3 T powdered sugar
Cake mix
Frosting
8 c flour
 $\frac{1}{2}$ c oil

Spices

Pasta/Rice

2 c cooked pasta
*We love bowtie but any kind works.

Canned Foods

Frozen

Beverages

1 c orange juice

Dairy

2 c milk
2 eggs
2 sticks of butter

Household

Paper/Wraps

Other

